



Cosentyx[®]
(secukinumab)

Self-injection guide

This material is intended for patients who
have been prescribed **Cosentyx[®]**.

SensoReady® 150mg & UnoReady® 300mg pens

Read ALL the way through these instructions before injecting.

These instructions are to help you to inject correctly using the SensoReady® 150mg or UnoReady® 300mg pen.

It is important not to try to inject yourself until you have been trained by your doctor, nurse or pharmacist.

Your SensoReady® 150mg pen



Do not remove the cap until you are ready to inject.

Store your boxed pen in a **refrigerator** between 2°C and 8°C and **out of the reach of children**.

For a more comfortable injection take the **SensoReady® 150mg pen** out of the refrigerator **15-30 minutes before injecting**, to allow it to reach room temperature. Take the **UnoReady® 300mg pen** out of the refrigerator **30-45 minutes**

before injecting, to allow it to reach room temperature.

- Do not **freeze** the pen
- Do not **shake** the pen
- Do not use the pen if it has been **dropped** with the cap removed

Your UnoReady® 300mg pen



What you need for your injection:

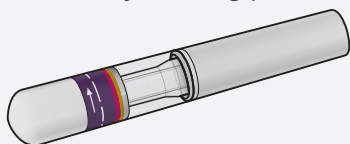


Included in the carton:

1 new and unused
SensioReady® 150mg pen

OR

1 new and unused
UnoReady® 300mg pen



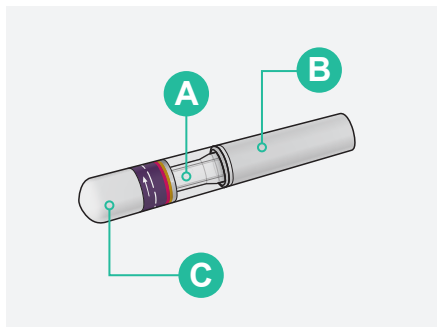
Not included in the carton:

- Alcohol swab
- Cotton ball or gauze
- Sharps disposal container



Before your injection

1



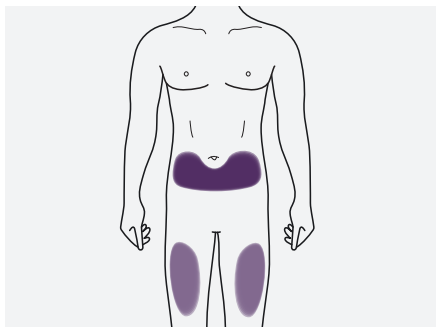
Important safety checks before you inject:

The liquid should be clear. Its colour may vary from colourless to slightly yellow.

- A. **Do not use** if the liquid contains easily visible particles, is cloudy or is distinctly brown. You may see a small air bubble, which is normal.
- B. **Do not use** the pen if the **expiry date** has passed.
- C. **Do not use** if the **safety seal** has been broken.

Contact your pharmacist if the pen fails any of these checks.

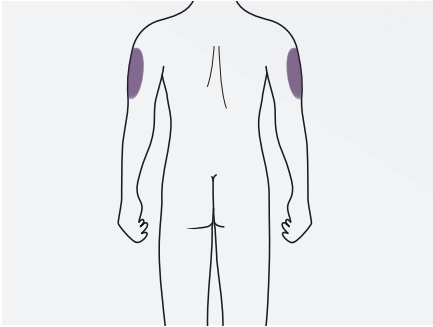
2a



Choose your injection site:

- The recommended site is the front of the thighs. You may also use the lower abdomen, but **not** the area 5 centimetres around the navel (belly button)
- Choose a different site each time you give yourself an injection
- Do not inject into areas where the skin is tender, bruised, red, scaly or hard. Avoid areas with scars or stretch marks

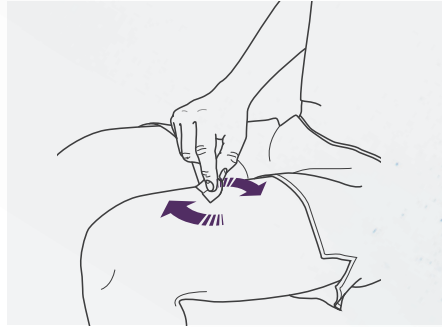
2b



Caregivers and healthcare professionals only:

If a **caregiver** or **healthcare professional** is giving you your injection, they may also inject into your outer upper arm.

3



Cleaning your injection site:

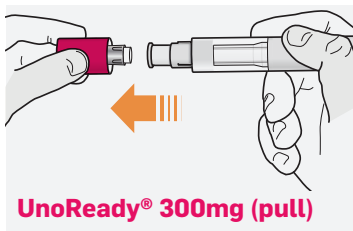
- Wash your hands with soap and hot water
- Using a circular motion, clean the injection site with the alcohol swab. Leave it to dry before injecting
- Do not touch the cleaned area again before injecting

Your injection

4a



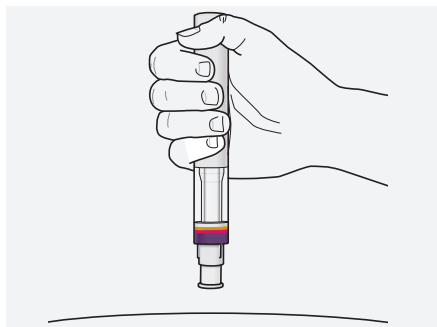
4b



Removing the cap:

- Only remove the cap when you are ready to use the pen
- **Sensoready® 150mg:** Twist off the cap in the direction of the arrow shown in the figure 4a
- **Unoready® 300mg:** Pull the cap straight off in the direction of the arrow shown in the figure 4b
- Once removed, throw away the cap. **Do not try to re-attach the cap**
- Use the pen within 5 minutes of removing the cap

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Holding your pen:

- Hold the pen at 90 degrees to the cleaned injection site



Correct



Incorrect



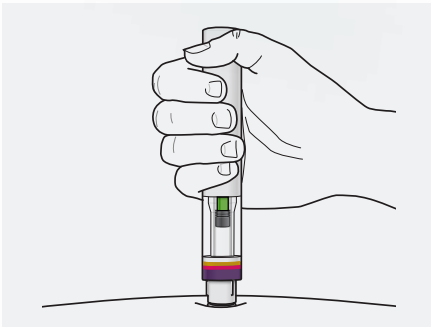
You must read this before injecting.

During the injection you will hear
2 loud clicks.

The **1st click** indicates that the injection has started. Several seconds later a **2nd click** will indicate that the injection is **almost** finished.

You must keep holding the pen firmly against your skin until you see a **green indicator** fill the window and stop moving.

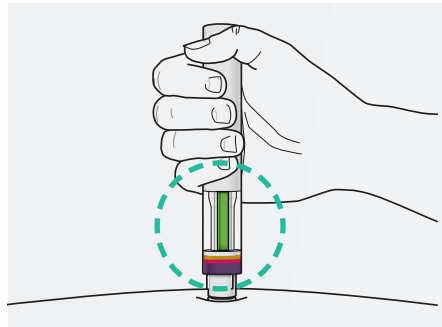
6



Starting your injection (CLICK & WATCH):

- Press the pen firmly against the skin to start the injection
- The **1st click** indicates the injection has started
- **Keep holding** the pen firmly against your skin
- The **green indicator** shows the progress of the injection

7

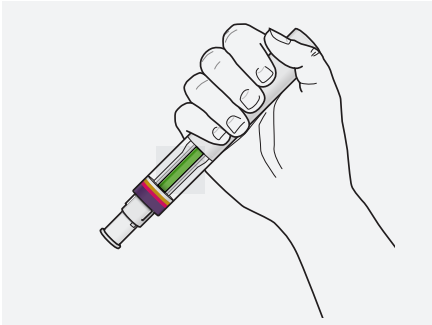


Completing your injection (CLICK & WAIT):

- Listen for the **2nd click**. This indicates the injection is **almost** complete
- Check the **green indicator** fills the window and has stopped moving
- The pen can now **be removed**

After your injection

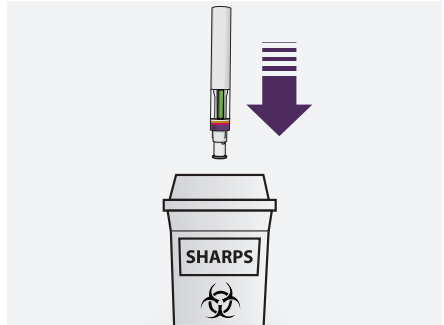
8



Check the green indicator fills the window:

- This means the medicine has been delivered. Contact your doctor if the green indicator is not visible
- There may be a small amount of blood at the injection site. You can press a cotton ball or gauze over the injection site and hold it for 10 seconds. Do not rub the injection site. You may cover the injection site with a small adhesive bandage, if needed

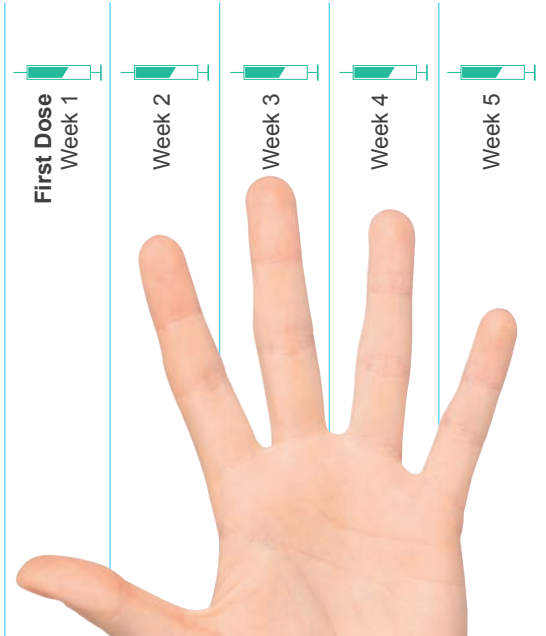
9



Disposing of your SensoReady® 150mg or UnoReady® 300mg pen:

- Dispose of the used pen in a sharps disposal container (i.e. a puncture-resistant closable container, or similar)
- Never try to reuse your pen

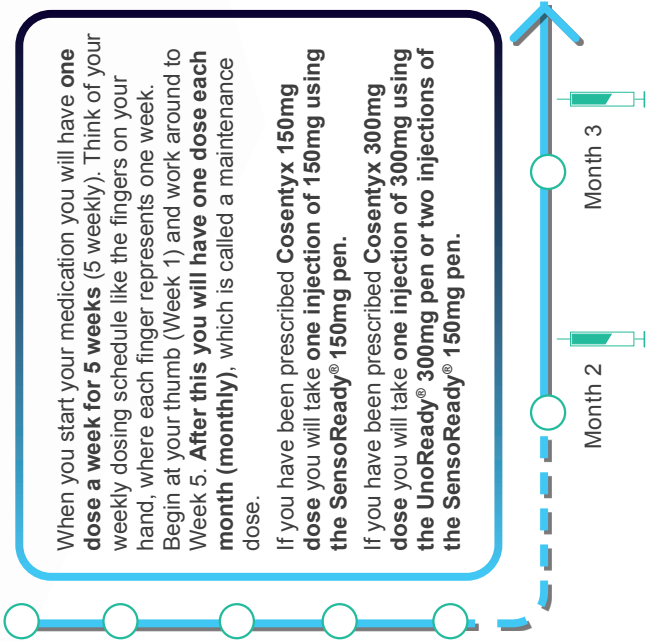
Dosing Guide



When you start your medication you will have **one dose a week for 5 weeks** (5 weekly). Think of your weekly dosing schedule like the fingers on your hand, where each finger represents one week. Begin at your thumb (Week 1) and work around to Week 5. **After this you will have one dose each month (monthly)**, which is called a maintenance dose.

If you have been prescribed **Cosentyx 150mg** dose you will take **one injection of 150mg** using the **SensoReady® 150mg pen**.

If you have been prescribed **Cosentyx 300mg** dose you will take **one injection of 300mg** using the **UnoReady® 300mg pen** or **two injections of the SensoReady® 150mg pen**.



Warnings and precautions

Tell your doctor, nurse or pharmacist before using this medication:

- If you currently have an infection or if you have long-term or repeated infections
- If you have tuberculosis
- If you have ever had an allergic reaction to latex
- If you have Inflammatory Bowel Disease, such as Chron's Disease or Ulcerative Colitis
- If you have recently had a vaccination or if you are due to have a vaccination during treatment with his medication
- If you are receiving any other treatments or medications, such as another immunosuppressant

FAQs

How much of this medication is given and for how long?

Your doctor will decide how much of this medication you need and for how long.

You will receive 5 weekly doses after which you will receive monthly maintenance doses.

If you have been prescribed **Cosentyx 150mg dose** you will take **one injection of 150mg using the SensoReady® 150mg pen**.

If you have been prescribed **Cosentyx 300mg dose** you will take **one injection of 300mg using the UnoReady® 300mg pen or two injections of the SensoReady® 150mg pen**.

This medication is for long-term treatment. Your doctor will regularly monitor your condition to check that the treatment is having the desired effect.

If you use more of this medication than you should

If you have received more of this medication than you should or the

dose has been administered sooner than according to your doctor's prescription, inform your doctor.

If you forget to take your medication

If you have forgotten to inject a dose of your medication, inject the next dose as soon as you remember. Then talk to your doctor to discuss when you should inject the next dose.

If you stop using this medication

It is not dangerous to stop using this medication. However, if you stop, your symptoms may come back.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

If there is a spot of blood at the injection site

There may be a small amount of blood at the injection site. You can press a cotton ball or gauze over the injection site and hold it for 10 seconds. Do not rub the injection site. You may cover the injection site with a small adhesive bandage, if needed.

Who to contact in case of side effects and/or product complaints

If you get any side effects, talk to your doctor, pharmacist or nurse. By reporting side effects, you can help provide more information on the safety of this medicine.

You can report side effects directly to HPRA Pharmacovigilance, at www.hpra.ie.

Side effects can also be reported to Novartis preferably at www.novartis.com/report, by emailing drugsafety.dublin@novartis.com or by calling (01) 2080 612.