

Travel pass

This material is intended for patients who have been prescribed **Cosentyx**[®] (secukinumab).

Your travel pass

This travel pass includes tips on how to travel with your medication and ensure it's stored properly while you're away, as well as a letter for your doctor to complete and a checklist of things to do before you go.

By planning ahead and ensuring you have everything you need, you can make sure your time away goes as smoothly as possible.

While travelling your medication should be kept cool between 2°C and 8°C. For short journeys this can be achieved by using cool gel packs (please speak to your doctor or pharmacist to discuss the best option).

Do not freeze or use freezer packs.

Please see the About your medication booklet included in this pack or the Patient Information Leaflet that comes with your medicine for further information on storage of your medication when you are not travelling.

Tips for travelling with your medication

- If travelling on an aircraft, you will need to keep your medication with you, in or along with your hand luggage – this is because the temperature and pressure within the aircraft luggage hold can vary, so if your medication is in your checked baggage it may freeze during the flight
- The SensoReady® 150mg or UnoReady® 300mg pens are not pressurised, and can be carried on the aircraft in the cabin without any problems

(continued overleaf)

- When you are going through airport security, let them know before they scan your bag that you are carrying injectable medication, and be sure to keep your prescription and letter from your doctor handy
- Do not put your medication through the x-ray machine or body scanner. Ask for a visual/manual inspection before the screening process.
- On shorter journeys use cool gel packs to help you keep your medication at the right temperature while you travel (please speak to your doctor or pharmacist to discuss the best option)
- On longer journeys (such as intercontinental flights) ask the flight attendants to store your medication in the refrigerator on the plane (not the freezer) – just remember to take it out again before you leave!

For longer trips

- Talk to your doctor ahead of time and arrange to take enough medicine with you to ensure you do not miss any of your scheduled doses
- Talk to your nurse or pharmacist to make sure you have all of the materials that you will need to administer your medication (such as a travel pack, cotton balls etc.)

Your accommodation

- Contact the place you are staying at your destination and ensure there is a refrigerator to store your medication
 - Most hotels or apartments will be able to provide this free of charge

Checklist

A week or more before you travel

- ✓ Ask your doctor to complete the enclosed letter or request a copy of your prescription, to confirm that you are travelling and that you have been prescribed this medication
- ✓ Check with your nurse or pharmacist that you have everything that you need to administer your medication
- ✓ If you are concerned, contact your airline. For long haul flights, they will confirm if you can store your medication in a refrigerator on the plane
- ✓ Ring your place of accommodation to check that there is a refrigerator available for you to use

A couple of days before you travel

- ✓ If required, put cotton balls or gauze, and alcohol swabs into your travel pack

Before you leave

- ✓ Put your medication in with cold gel packs (please speak to your doctor or pharmacist to discuss the best option)
- ✓ Make sure you have your letter from your doctor or a copy of your prescription

Who to contact in case of side effects and/or product complaints

If you get any side effects, talk to your doctor, pharmacist or nurse. By reporting side effects, you can help provide more information on the safety of this medicine.

You can report side effects directly to HPRA Pharmacovigilance, at www.hpra.ie.

Side effects can also be reported to Novartis preferably at www.novartis.com/report, by emailing drugsafety.dublin@novartis.com or by calling (01) 2080 612.